

GENERAL INFORMATION

All Northern Youth Services are:

- Free of cost to young people
- Completely confidential
- Provided by qualified and professional staff
- Participated in voluntarily
- Tailored to the needs of the individual



Oldford Road
PO Box 1518
Davoren Park SA 5113

T: (08) 8252 2474
E: nacys@nacys.asn.au

Northern
Youth
Services



Northern Area Community
& Youth Services Inc.

*Assistance & Support for
Young People 10-25 yrs
living in the
Playford, Gawler &
Salisbury Regions*

GROUP WORK

NACYS run a variety of educative and supportive groups specifically for young people focusing on issues including:

- Self esteem
- Communication
- Relationships and Feelings
- Conflict Resolution
- Anger Management
- Stress & Relaxation
- Sexual Health
- Mental health

Please speak with youth team staff to discuss your group needs.

COUNSELLING, SUPPORT & ADVOCACY

Northern Youth Services provide counseling and support to address many different issues. These may include:

- **Family**
- **School**
- **Relationships**
- **Abuse**
- **Drugs & Alcohol**
- **Pregnancy**
- **Sexuality**
- **Conflict**
- **Grief & loss**
- **Income**
- **Accommodation?**

Contact Northern Youth Services and speak confidentially with a worker to discuss your needs.

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