

## GENERAL INFORMATION

- **All Crisis & Therapeutic Services are Free to clients**
- **Completely confidential**
- **Provided by qualified and professional staff**
- **Participated in voluntarily**
- **Tailored to the needs of the individual**



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Oldford Road  
PO Box 1518  
Davoren Park SA 5113

T: **(08) 8252 2474**  
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## Crisis & Therapeutic Services



**Northern Area Community  
& Youth Services Inc.**

*Assistance & Support for  
Families & individuals  
living in the  
Playford, Gawler &  
Salisbury Regions*

### GROUP WORK

NACYS run a variety of educative and supportive groups focusing on issues including:

- Self esteem
- Communication
- Relationships and Feelings
- Conflict Resolution
- Anger Management
- Stress & Relaxation
- Sexual Health
- Mental health

### COUNSELLING, SUPPORT & ADVOCACY

*NACYS provide counseling and support to address many different issues. These may include:*

- **Family**
- **School**
- **Relationships**
- **Abuse**
- **Drugs & Alcohol**
- **Pregnancy**
- **Sexuality**
- **Conflict**
- **Grief & loss**
- **Income**
- **Accommodation?**

### How do you Access Services :

**Phone and discuss with the Duty Officer (counsellor) who will make a counselling appointment or refer you to the most appropriate service .**



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