

## ABOUT NACYS

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Situated in the Northern suburbs of Adelaide, NACYS has a proven history of working with clients experiencing non-vocational barriers to work and chronic cycles of crisis.

Established in 1981, NACYS has delivered a range of Federal & State Government programmes.

These include;

Certificate in Preparatory Education  
(a model of National significance)

Literacies & Foundation Courses

ICAN

Police Drug Diversion Initiative

Aboriginal JPET

Drug & Alcohol Early Intervention Programme (EIPPs)

CHANGE Programme (Cannabis reduction)

Lifeskills & Accommodation Programmes

NACYS team have a range of skills and experience to meet the challenges facing our community today.

## Northern Area Community & Youth Services Inc.

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### Location

Oldford Road

Davoren Park SA 5113

### Postal Address

PO Box 1518

Davoren Park SA 5113

### Contacts

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CEO

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# Breaking the Cycle

*Welfare to Work*



## *A Fee for Service*

*program*

*Designed to break down the  
non-vocational barriers to work*

## *Individualised programs to meet your needs*

### **Issues/Topics**

- Abuse & Violence
- Accommodation Support
- Behaviour & Anger Management
- Communication
- Conflict Resolution
- Drug & Alcohol Intervention & Education
- Grief & loss
- Health & Wellbeing
- Job Search, Resumes & Interview Skills (incorporated into each training)
- Income & Financial Management
- Mental Health & Co-morbidity
- Personal Development
- Relationships
- Self Esteem
- Sexual Health
- Sexuality

### **Counselling**

#### ***Crisis & Personal Development***

One to one service.

Crisis is any event that is, or expected to lead to, an unstable and dangerous situation affecting an individual. They are unplanned and unexpected and can affect every aspect of a persons life.

NACYS has skilled therapists that are able to attend your organisation on demand.

Cost \$120 per session  
(a session = one hour)

### **Service Area**

Service delivered to the following areas

**City of Playford**

**City of Salisbury**

**Gawler Council**

### **Methodologies**

#### ***Groupwork***

Each of the pre-employment courses are delivered as intensive group work.

Each topic has the core subjects of Job Search, Resumes & Interview Skills.

The courses focus on the non vocational barriers to employment. Based on Maslow's Hierarchy of Needs and utilizing a therapeutic approach—the aim of each course is to assist the individual to unpack their emotional barriers to achieving successful employment

Maximum of 10 Clients per group

Duration - each topic is 25 hours in duration.

This can be delivered in a block or over several weeks

Cost \$30 per hour per participant